



# CAM Food needs

## CANNED VEGETABLES

(14-15 oz. Cans)

Green Beans, Tomatoes,  
Corn, Carrots,  
Mixed Vegetables, etc.

## CANNED MEATS

Tuna, Spam, Stew, etc.

## CANNED FRUITS

(14-15 oz. Cans)

Fruit Cocktail, Peaches, Pears,  
Pineapple, Apricots, Applesauce (**25 oz.**), etc.

## CANNED SOUPS

(10¾-15 oz. Cans)

Chicken Noodle, Potato,  
Tomato, Cream of Mushroom, Vegetable, Etc.

## PASTA

Macaroni & Cheese,  
Spaghetti, Noodles, etc.

## BREAKFAST FOOD

Cereals, Oatmeal (**18 oz.**)

## MISCELLANEOUS

Peanut Butter (**18 oz.**), Jelly/Jam

## BEANS & JUICE

\*For Sack Lunches\*

Pop-top can Pork & Beans (**8 oz.**)

Pop-top can Orange Juice (**6 oz.**)

Fruit Cup



“Whatever you did for one of the least of these my brothers of mine you did it for me”  
Matthew 25:40(NIV)